**Equipment Checklist**

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| 1. Large Wedges
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| 1. Medium Wedges
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| 1. Small Wedges
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| 1. Instant Cold Packs
 |  |
| 1. Air Discs
 |  |
| 1. 2# Ankle Weights
 |  |
| 1. Shoulder Bags
 |  |
| 1. #s of BB’s for weights
 |  |
| 1. Face Paper Rolls
 |  |
| 1. Cervical Tractions
 |  |
| 1. Wobble Cushions
 |  |
| 1. Mouthguards
 |  |
| 1. Black AC Straps
 |  |
| 1. Green AC Straps
 |  |
| 1. Black Lateral Straps
 |  |
| 1. Nylon Strap
 |  |
| 1. Buckles
 |  |
| 1. 1# Headweights
 |  |
| 1. 2# Headweights
 |  |
| 1. 3# Headweights
 |  |
| 1. 4# Headweights
 |  |
| 1. 3# Hipweights
 |  |
| 1. 5# Hipweights
 |  |
| 1. 8# Hipweights
 |  |
|  |  |
| 1. Trace Minerals
 |  |
| 1. ALA (Alpha Lipoic Acid)
 |  |
| 1. Stevia
 |  |
| 1. Vitamin D Capsules - 1000
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| 1. Vitamin D Capsules - 5000
 |  |
| 1. Vitamin D Liquid
 |  |
| 1. FYI
 |  |
| 1. Omega 3
 |  |
| 1. Pure Encapsulations
 |  |
| 1. Sleep Essence
 |  |
| 1. Probiotics
 |  |
| 1. Inner Defense
 |  |
| 1. Sacrotech Belts Small
 |  |
| 1. Sacrotech Belts Medium
 |  |
| 1. Sacrotech Belts Large
 |  |
| 1. Sacrotech Belts X-Large
2. Red Large Rolls
 |  |
| 1. Red Small Rolls
 |  |
| 1. Green Large Rolls
 |  |
| 1. Green Small Rolls
 |  |
| 1. Blue Large Rolls
 |  |
| 1. Blue Small Rolls
 |  |
| 1. Black Large Rolls
 |  |
| 1. Black Small Rolls
 |  |
| 1. Sunglasses (Adults/Kids)
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